

Skip Stein

Polymath Productivity & Lifestyle Consultant
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I am a Business Consultant with an extensive background in Information Technology and have combined that with my recent growth in the field of Whole Foods for Health & Wellness with a focus on Corporate Wellness Programs. As a polymath individual I am combining these skills allows me to provide a Unique Consulting Service focused on Total Company Health which encompasses both Productivity and Profits.

I address both technical/business processes as well as employee health & wellness with proposals for Business Improvement and Corporate Wellness Programs. Combining these two areas will enable dramatic savings by reducing expenses and increasing productivity. With a focus on enterprise-wide business analytics, process improvement and profit generation, I have been a leader in the organizational challenges and approach solutions that are inclusive and that work across the entire organization.

I provide a complete skill set coupled with a professional business sense that provides me with the ability to understand complex business situations and 'pare' them down to achievable action steps. I have the ability to bounce from technical discussions to business analytical reviews with senior management. My drive, enthusiasm and team work skills allow me to define, develop and implement process solutions to complex problems. I have implemented Enterprise Resource Planning systems for manufacturing/distribution, electronics, transportation and pharmaceutical companies. I have also designed and implemented various manufacturing/distribution/financial electronic transaction systems for major manufacturers in the USA, Europe and China.

I am now involved with [Whole Foods 4 Healthy Living](#), our health & wellness products and services company with a focus on Corporate Health, Wellness and Productivity. My business analytical services can provide you with functional process reviews, productivity analysis focused on individuals and small-to-medium businesses.

From Computer Management Reviews ([CRMR](#)) to EDI and Cross-Functional electronic business transaction analysis ([EBFM](#)) I address the health of the company from both the technological as well as corporate health & wellness. A complete business productivity and profitability analysis.

I have devoted much of my time to research and learning about how Whole Foods contribute to overall Health & Wellness. As a [Nutritional Holistic Cancer Survivor](#), I understand how lifestyle changes can impact the progression/reversal of disease. This background has provided me with an understanding how to build a healthy and vital lifestyle to support the strenuous work demands of today's executive.

I also have a quite extensive background in business and personal travel and we have crisscrossed the USA on hiking trips for the past 10 years with our [RoadTripping](#) Endeavors.

Citizenship:	United States of America
Education:	B. S. Business/Psychology University of Houston, Houston Texas
Certification:	CISA - Certified Information Systems Auditor CDP - Certificate in Data Processing
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